



Office of Postdoctoral Affairs Individual Development Plan Workshop



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Individual Development Plans provide a framework for career exploration and personal development through self-assessment of your skills (what are you good at?) and interests (what do you enjoy?) and how that translates into career options. An IDP is critical to your progress and success.

- Create/Improve your IDP in myIDP.sciencecareers.org
- Prepare for your one-on-one meeting with OPA
- Identify skills that will maximize your growth in your career track
- Learn how to develop SMART goals that will ensure you actually achieve the goal you set

Friday, February 9, 2018

2:30- 4:00 pm

David Murphey Family Conference Room

Vincent A. Stabile Research Building